



Annual Retreat with Shi Yan Ming

Dear Friend,

You know who he is! You have seen him in documentaries on the Discovery Channel and Nat Geo. Time magazine called him "Shaolin Temple's Prodigal Son", The Learning Channel put him as the Number One in Martial Arts. In 2010, The History Channel placed him among the Top 10 Strongest Masters in the World, with a blow of 772 pound per inch.

The most respected and controversial Shaolin Monk in the world is coming back in Mexico, as he does every year, to present his 2010 Annual Retreat in Cuernavaca, and now also an intensive seminar in Guadalajara.

Two events:

Intensive Seminar in Guadalajara.

It will take place on the 16, 17 and 18 of July, 2010. The seminar will cost \$300 US Dollars and it covers all classes, Tai Chi, Qi Gong, Kung Fu, and Chan Philosophy.

Annual Retreat in Cuernavaca.

The retreat will be held on July 23 to the 25, 2010 in Cuernavaca, Mexico. It will cost \$450 US Dollars. It includes lodging (shared room) and the meals for the weekend. You will find more information enclosed and we are at your service. If you have any questions, please call us: [+52] (55) 55 94 65 01 in Mexico City.

We look forward to seeing you there!

Yours sincerely, Daniel Corona
Headmaster, Mexico Shaolin Temple

Shi Yan Ming in Mexico 2010

Frequently Asked Questions

How much will the retreat cost?

The retreat will cost **\$450.00*** US Dollars. It includes **lodging and meals for the days of the course and a Diploma**. Payment must be made no later than Thursday, July 8, 2010, which is the last day to register for the retreat. Payment can be made with a credit or debit card (VISA or MasterCard) online from our website.

The seminar in Guadalajara will cost **\$300.00*** US Dollars. Payment can be made with a credit or debit card (VISA or MasterCard) from our website.

*\$50 discount to current members / event.

How can I register?

You must download the registration form and Regulations from our website (also enclosed with this document), fill it out, sign both documents and fax them to [+52] (55) 55 94 65 01, or scan them and send them to eventos@kungfu.com.mx, together with a two-side copy of your official ID and the transaction number you get from PayPal. All this must be done no later than Thursday, July 8, 2010. Remember space is limited, since we only have a limited number of rooms, so book your place soon. You must keep the original copies of all the documents and hand them in on the registration day. **You must hand in your originals on the day of the event.**

Can I register past the deadline?

We encourage everyone to register soon. Admission to the events is based on availability and space is limited. Should you miss the deadline, you may still register if there is space available. The **late registration rates** are as follows: the Mexico retreat is \$600 US dollars; the Guadalajara seminar is \$400 US dollars.

Where and when will the retreat take place?

The venue for the seminar in Guadalajara is still to be determined. It will take place on July 16 to the 18.

The retreat will be in the Monastery of the Benedictine in Cuernavaca, located on the Cuernavaca-Teploztlan freeway. Download a map from our website to find the place more easily. The retreat will take place from the 23 to the 25 of July, 2010, but you must arrive on the evening of the 22nd to register and take your room.

I don't have a good physical condition, or I have never practiced this technique, what can I do?

What a better way to begin than this? Come with us! We welcome all kinds of people, from beginners to experienced teachers.

I'm a vegetarian, does the diet include meat?

The food at the retreat is 90% vegetarian, and there are two types of meat for those who like meat.

What should I wear? Can I wear my uniform?

Of course you can. You can wear anything you like as long as you feel comfortable.

What is my Transaction ID?

After you complete your payment through our website (via PayPal), you will receive a confirmation email, in which you will receive your Transaction ID. This is the number we need to identify your payment.

Do I have to share a room? Can't I stay by myself?

The listed price is for a shared room with one or two people. Each room has two or three beds and we will accommodate participants in the order they arrive. If you come with a friend or colleague and you want to stay with them, just let us know so we can put you in the same room. In case you want a room just for yourself, you must cover an extra charge of **\$150.00** US Dollars for the weekend. We only have eight individual rooms, so this is subject to availability.

Can I bring my camera?

Yes, you can. But you can only take pictures, **not video**. Just remember that it is forbidden to take pictures in class. It is also forbidden to photograph the Master. You can take pictures on the last day, during the Diploma Awarding ceremony without any problem.

In what language will the classes be taught?

In English, with consecutive translation into Spanish. If you have any more questions you'd like to clarify, or you want a full schedule of the weekend, you can contact us at the Mexico Shaolin Temple, Tel. [+52] (55) 5594 6501 in Mexico City. Browse our website, www.KungFuLegacy.org, or send us an email to eventos@kungfu.com.mx.

Schedule for the Seminar in Guadalajara:

Registration

Friday the 16, from 09:00 AM and until 10:00 AM.

Friday Activities

10:00 AM to 1:00 PM Class with the Shifu

5:00 PM to 8:00 PM Class with the Shifu

Saturday Activities

9:00 AM to 12:00 Noon Class with the Shifu

5:00 PM to 8:00 PM Class with the Shifu

Sunday Activities

9:00 AM to 12:00 Noon Class with the Shifu

5:00 PM to 7:00 PM Class with the Shifu

8:00 PM Diploma Awarding and Closing Ceremony

Schedule for the Retreat in Cuernavaca

Registration

Thursday, July 22, from 6:00 PM to 9:00 PM. Room assignment.

Activities for Friday the 23

5:45 AM - 7:00 AM Training with Kung Fu basic exercises with the Mexico Shaolin Temple Disciples. Or, Tai Chi and Qi Gong class with the Mexico Shaolin Temple Disciples.
8:00 AM - 9:00 AM Breakfast.
10:00 AM - 1:00 PM Class with Shifu.
2:00 PM to 3:00 PM Lunch.
4:00 PM to 7:00 PM Class with Shifu.
7:00 PM to 8:00 PM Dinner.

Activities for Saturday 24

5:45 AM - 7:00 AM Training with Kung Fu basic exercises with the Mexico Shaolin Temple Disciples. Or, Tai Chi and Qi Gong class with the Mexico Shaolin Temple Disciples.
8:00 AM - 9:00 AM Breakfast.
10:00 AM - 1:00 PM Class with Shifu.
2:00 PM to 3:00 PM Lunch.
4:00 PM to 7:00 PM Class with Shifu
7:00 PM to 8:00 PM Dinner.

Activities for Sunday the 25

5:45 AM - 7:00 AM Training with Kung Fu basic exercises with the Mexico Shaolin Temple Disciples. Or, Tai Chi and Qi Gong class with the Mexico Shaolin Temple Disciples.
8:00 AM - 9:00 AM Breakfast.
10:00 AM to 12:00 Noon Class with Shifu.
1:00 PM to 2:00 PM Diploma Awarding and Group Photo.
2:00 PM to 3:00 PM Lunch.
4:00 PM to 6:00 PM Class with Shifu.
6:00 PM Closing Ceremony.

Mexico Shaolin Temple

REGULATIONS FOR EVENTS

GENERAL:

1. The provisions of these rules are compulsory for all students and teachers without exception.
2. It is the duty of teachers and students to respect and comply with these regulations.
3. Practitioners or students, and parents or guardians, in the case of the minority, state they are aware that the practice of a martial art, by its very nature, can result in injury to themselves.
4. On no account will it be allowed to smoke inside the premises of the seminary.
5. It is forbidden to consume alcohol and / or drugs in public places while carrying a school uniform.
6. These regulations are subject to change and modification by management and communicated to students in their case.

SPECIAL EVENTS:

7. At a special event such as seminar, conference or tutorial, the person taking the class must comply with all points of the general rules, except for the credential.
8. Practitioners must come to the seminar without companions, except for those who are minors, who may be escorted by a parent or guardian.
9. **It is strictly forbidden to attend closed-door events with cameras, video cameras or any device capable of recording images or audio.**
10. The diploma or certificate issued by the academy is only proof of attendance to the event, not the passing of examination (if any) or the quality of the practitioner.
11. Mexico Shaolin Temple reserves the right to refuse admission.
12. Entry will be refused to people who:
 - a) **Have not confirmed before the closing date of admissions.**
 - b) **Have dubious reputation, or are known for their misuse of martial arts.**
 - c) **Have not completely covered the fee for the event.**
 - d) **Are in a civil legal process and/or have criminal action against them.**
 - e) **Have any debt to the organizing committee.**
 - f) **Have not signed these regulations.**
 - g) **Do not keep an attitude of coexistence and humility during the event.**
13. Teachers and practitioners attending the events shall not travel any place other than those planned for the event. Please, do not insist.
14. The events Templo Shaolin de Mexico AC holds in its facilities are strictly private, NOT PUBLIC, and it reserves the right to make changes to these Regulations at its convenience.
15. You must always carry the documents entitling you to attend the seminar with you: the original copies of the deposit slip, the Regulations and the registration form.
16. Once at the event, you must always carry your badge in a visible place. You won't be allowed in the premises unless you are carrying your badge.
17. It is forbidden to sell any kind of product, to do any kind of commerce, promotion of events or spread propaganda within the seminar.
18. We do not take checks.
19. You must keep a spirit of cooperation and friendly coexistence at all times.

I have read the Regulations and agree with all of them; I therefore wish to confirm my attendance to the event:

Name

Signature

Shi Yan Ming in Mexico 2010
Pre-Registration Format
(Please Print)

Name of the attendee: _____

Please state if you are a teacher or the name of your teacher (if he is coming with you): _____

Full Address (include everything deemed necessary to locate you, zip code and phone):

Telephone with area code: _____ e-mail:

How did you hear about the seminar? : _____ Age : _____

Which event are you attending? Please circle: Guadalajara Retreat in Cuernavaca Both

Payment method? (cash, credit card):

PayPal Transaction ID:

Your Transaction ID is the one that was sent to you by PayPal in your confirmation email.

Are you coming with someone? With whom?

Disclaimer

I, _____, of _____ nationality, over 18 years of age, of civil status _____, by profession _____, identified by _____, resident of _____, hereby release the Templo Shaolin de México Civil Association its directors, teachers, instructors, members, organizers and the sponsors of its events and activities related to the disciplines, classes, workshops or seminars offered within its facilities or any other place designated for said activities. It is understood that I am aware and I have been explained the risks and consequences involved in the physical discipline(s) and martial art(s) in which I agree to participate and I declare to fully understand those risks and accept them. I further declare that I am acquainted with the Regulations of this institution and I am committed to obey it. I declare that I am in perfect health, that I have no medical restrictions or pre-existing conditions that impair or diminish my ability to practice the discipline(s) in which I am enrolling, that I do not use any prescription medication or any other substance for ailments of any kind and in case of change that I undertake to notify the directors of this Institution immediately, on the understanding that if the directors authorize my attendance or stay in the discipline(s) it will be under my sole responsibility. Similarly, I affirm that I am in a perfect state of my physical and emotional faculties, and in full use of my civil rights. I therefore sign and agree to this RELEASE without any constraint and under my own responsibility.

Signature